

# DRINKS MENU

Table Service

# JETHRO

Canteen

# BREW BAR

Mon-Sat 6.30am-3.00pm

Sun 7.30am-3.00pm

## HOT COFFEE

Espresso/white.....	\$4.2
Large.....	\$5.2
Happy Happy Soy Boy.....	\$0.5
Milklab Lactose Free.....	\$0.5
Milk lab Almond Milk.....	\$1
Califa Oat Milk.....	\$1
Batch Brew.....	\$5
Hot Chocolate.....	\$4.2
Prana Chai Latte.....	\$5.5
Dirty Chai.....	\$6.5
Babycino.....	\$2

## COLD COFFEE

Cold Drip Filter.....	\$6
Iced Latte.....	\$4.2
Iced Mocha.....	\$4.2
Iced Long Black.....	\$4.2
Iced Chocolate.....	\$4.2
Large.....	\$5
Add Ice Cream.....	\$2

## TEAS BY SOMAGE

English Breakfast.....	\$4
Earl Grey.....	\$4
Peppermint.....	\$4
Lemongrass & Ginger.....	\$4
China Sencha.....	\$4
Jasmine Pearls.....	\$4
Black Chai Tea.....	\$4

## COLD PRESSED JUICE

Market Juice 100% raw cold pressed fruit juice squeezed daily	
Orange.....	\$5
Apple.....	\$5
Grapefruit.....	\$5
Glowing Green.....	\$5

See fridge for more juice options

## EGGS BY BURD EGGS

Eggs laid by 100 free range hens roaming  
free in the country air 365 days a year

## PUBLIC HOLIDAYS

A 10% surcharge applies on public holidays so we  
can look after our staff

## FOLLOW US ON INSTA

@jethrocanteen

## MILKSHAKES

Strawberry.....	\$7
Chocolate.....	\$7
Vanilla.....	\$7
Kids Size.....	\$6

## SMOOTHIES



Peanut butter, banana, almond milk, chia seeds, honey & cinnamon.....	\$11
Add a Coffee Shot.....	\$1
Add Protein Powder.....	\$2.5

Mango, coconut yoghurt, orange juice, banana & chia seeds.....	\$11
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Blueberries, dates, oat milk, banana, chia seeds, cacao & cacao nibs.....	\$11
Add a Coffee Shot.....	\$1
Add Protein Powder.....	\$2.5

## FROM THE FRIDGE

Bottomless Sparkling Water.....	\$3
Coconut Water.....	\$4.5
Xreol Antioxidant & Nutrient Infusion.....	\$6
Coke.....	\$5
Coke Zero.....	\$5
Lemonade.....	\$5
San Pellegrino.....	\$5

## PASTRIES AND CAKES

Available from our counter cabinet

## KIDS MENU

### FAIRY BREAD

Hundreds & thousands on bread.....	\$6
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### TOASTIE

Ham & cheese or just cheese.....	\$8
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### LITTLE SCRAM

Scrambled egg on toast.....	\$8
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### KIDDY CAKE

Kids pancake with maple syrup.....	\$9
Add Ice Cream.....	\$2

# TO GO MENU

Order at Counter

# JETHRO

Canteen

# ALL DAY BRUNCH

Mon-Sat 7.00am-2.30pm

Sun 8.00am-2.00pm

## BUILD YOUR OWN TOASTIE

On Sourdough or Gluten Free with your choice of fillings

Two Fillings.....	\$11
Three Fillings.....	\$13
Add Extra Filling.....	\$2

Ham.....	Cheese.....	Tomato.....
Chicken.....	Avocado.....	Feta.....
Bacon.....	Fried Egg.....	Relish.....
Haloumi.....	Mushrooms.....	Spinach.....

## TOAST BY NOISETTE BAKERY

Sourdough, Multigrain or Gluten Free with house made jams & spreads.....\$8

## EGGS YOUR WAY

Sourdough, Multigrain or Gluten Free.....\$12  
Add sides below

## FRUIT LOAF BY WOODFROG

Served with date butter.....\$9

## WINTER PORRIDGE

Jethro mixed grains with chai spiced poached pear, ginger shortbread, vanilla yoghurt, lemon custard & topped with a walnut crumb.....\$17

## VERY BERRY BIRCHER

Mixed berries soaked in coconut milk with cinnamon, ginger, coconut yogurt & seasonal fruit.....\$16



## CHILLI SCRAMBLED EGGS

With finely diced crispy bacon, fresh chilli, parmesan, coriander & chilli oil served on a slice of sourdough.....\$19



## SOUP OF THE DAY

Ask our friendly staff for the soup of the day.....\$14

## SIDES

Extra Egg.....	\$3
Wilted Spinach.....	\$3
Capsicum Relish.....	\$3
Feta.....	\$4
Roast Tomato.....	\$4
Fried or Grilled Chicken.....	\$5
Grilled Haloumi.....	\$5
Tater Tots.....	\$5
Thyme Roasted Mushrooms.....	\$5
Avocado.....	\$5
Black Beans.....	\$5
Bacon.....	\$5
Chorizo.....	\$6
Smoked Salmon.....	\$6

## MEXICAN CHICKEN BURRITO



Black beans, smoked corn & tomato salsa, fresh spinach, quinoa, brown rice in a green tortilla served with chipotle aioli.....\$21  
Add Guacamole.....\$5  
Add Cheese.....\$2

## PHILLY CHEESE STEAK BURGER

Sliced black angus beef, cheese, lettuce, jalapeño, beetroot, herbed ranch sauce, caramelized capsicum & onion on a brioche bun with a side of tater tots.....\$22  
Add Bacon.....\$3  
Add Fried Egg.....\$3  
Add Chipotle Aioli.....\$2

## RAINBOW VEGE BOWL



Pickled red cabbage, avocado, snap peas, kale, carrots, charred corn, roasted beetroot, mixed tomatoes, lentil & pumpkin hummus served with a poached egg.....\$17  
Add Fried or Grilled Chicken.....\$5  
Add Smoked Salmon.....\$6



## SOBA NOODLE SALAD



Teriyaki tofu, pickled red cabbage, carrot, corn, snap pea, broccoli, capsicum topped with a crunchy peanut & sesame dressing in a Cold or Warm Option.....\$17  
Add Fried or Grilled Chicken.....\$5  
Add Smoked Salmon.....\$6  
Add Fried or Poached Egg.....\$3

## KIDS MENU

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Kids pancake with maple syrup.....\$9  
Add Ice Cream.....\$2